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Impact of Anganwadi Programme Regarding Health and Nutrition Education on ICDS Beneficiaries in Kangra District of Himachal Pradesh

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KEYWORDS Anganwadi. Anganwadi Workers (AWW). Health and Nutrition Education (HNE). Integrated Child Development Scheme (ICDS)

ABSTRACT Integrated Child Development Scheme (ICDS) provide basic essential services viz. nutrition, health and education for the proper development of the children in the age group upto six years and mothers in the age group of 15-45 years in their own collage/block. The study in Panchrukhi (ICDS) and Bhawarna (non ICDS) blocks revealed that all the 10 Anganwadi had poor physical setup as they were accommodated within the Panchayat Ghars due to low rental charges approved by ICDS authorities. Low salary and poor education of Anganwadi workers affected their working. Health and nutrition components were not given much importance by ICDS authorities. ICDS respondent mothers had slightly better knowledge regarding immunization vaccination, supplementary feeding and pre-natal care while in other aspects of health and nutrition, the difference between the two was non-significant.